

What Is Claimed Is:

1. A carbon nanofiber-dispersed resin fiber-reinforced composite material comprising:

a fiber reinforcement; and

a matrix that comprises an uncured resin and carbon nanofibers dispersed in said uncured resin and is impregnated into said fiber reinforcement.

2. The carbon nanofiber-dispersed resin fiber-reinforced composite material according to claim 1, wherein said fiber reinforcement comprises a single fiber reinforcing ply, and said matrix is coated onto said fiber reinforcing ply, and is thus made to impregnate into said fiber reinforcing ply.

3. The carbon nanofiber-dispersed resin fiber-reinforced composite material according to claim 1, wherein said fiber reinforcement comprises a number of fiber reinforcing plies laid one upon another, and said matrix is coated onto said fiber reinforcing plies, or is sandwiched between adjacent fiber reinforcing plies, and is thus made to impregnate into said fiber reinforcing plies.

4. The carbon nanofiber-dispersed resin fiber-reinforced composite material according to claim 1, wherein a final

volumetric content of said fiber reinforcement is in a range of 10% to 70%.